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MOSGOW WUSHU STARS

2016











Dear friends in Wushu!

It is our pleasure to invite you to participate in the second Edition of the "MOSCOW WUSHU STARS" competition.

Last year this event has brought together wushu masters from 9 countries from both Asia and Europe and was a big success.

This year the competition shall be even more exciting due to the wider spectrum of wushu styles and events included in the program.

Following the growing demand of the wushu community, we have included in the program this year the light-contact fighting (QINDA) and the Taiji tuishou competition as well as the very popular Wingchun boxing.

Another great news: this year the competition shall be organized in the newly built MOSCOW WUSHU PALACE – the first sports facility in the World dedicated to wushu practice.

The event is certified by the European Wushu Federation – the most dynamic IWUF continental branch.

To insure the fair judging we are inviting the best IWUF and EWUF judges.

Join us in Moscow and let's enjoy together the beautiful Russian winter and the friendly spirit of "MOSCOW WUSHU STARS"!

Yours in Wushu,

Gleb N. Muzrukov
Organizing committee chairman

Tatiana KupriyanovaMoscow Wushu Federation President



International Wushu Tournament MOSCOW WUSHU STARS 2016

18-22 February, 2016, Moscow (Russia)



AN EWUF CERTIFIED EVENT

REGULATIONS

1. Date and place

International tournament "Moscow Wushu Stars" will be held from 18h to 22nd February, 2016 in Moscow (Russia).

Teams must arrive the 18th February 2016 prior to 14:00 (see Competition schedule).

2. Competition venue

Moscow Wushu Palace (address: 30/2, b. 1, Khersonskaya str, Moscow).

3. Participants

- 3.1 Those eligible to participate are national teams from EWUF member countries and IWUF member countries.
 - 3.2 All applications shall bear the signature of the respective team manager.
 - 3.3 There is no limitation for the number of teams from one country.
 - 3.4 There is no limitation of team size.

4. Participation fee

20 Euro - for the 1st event.

10 Euro - for the 2nd and 3rd, 4th and 5th event if any.

5. Judges

Each team may send qualified judges.

6. Age categories

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"Children B": full age 7-8;

"Children A": full age 9 – 11;

"Cadets": full age 12 – 14;

"Juniors": full age 15 – 17;

"Adults": full age 18 – 35;

"Senior-1": full age 35-55 (only for traditional events).

"Senior-2": full age 55-75 (only for traditional events).
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The age calculation is based on the age on the 1st January 2016.

7. Events

7.1 IWUF Taolu

Category "Children A" (age 7-8)

Basic routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (16, 18, 20 forms).

Category "Children A" (age 9-11)

Compulsory routines: Changquan (No 3 Elementary Routine), Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (Elementary Taolu 32 form).

Dual events: 1) barehand; 2) with weapons (Compulsory IWuF Intermediate Routines).

Category "Cadets" (age 12-14)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu (1st Set of International Competition Taolu), Nanquan, Nandao, Nangun (International Competition Taolu), Taijiquan (24 forms), Taijijian (32 forms).

Dual events: 1) barehand; 2) with weapons (compulsory IWuF Intermediate routines).

Category "Juniors" (age 15-17)

Compulsory routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian (3rd Set of International Competition Taolu).

Dual events: 1) barehand; 2) with weapons (optional routines).

Category "Adults" (age 18-35)

Compulsory routines: Changquan, Nanquan, Taijiquan (3rd Set of International Competition Taolu).

Optional routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijijuan, Taijijian.

Dual events: 1) barehand; 2) with weapons (optional routines).

Optional individual routines in adult competition will be implemented according to optional routines of the Taolu Competition Rules (with nandu (degree of difficulty)).

7.2 Traditional Taolu

Traditional Barehand Routines

Group 1. Traditional Taijiquan - including Chen, Yang, Sun, Wu, Wu(Hao), Li, Zhaobao and other traditional taijiquan styles divided into Taijiquan, Taiji qixie (taiji weapons), Taiji duilian (set-sparring) and Taijituishou (push hands) competition.

Note: 24, 48, 88, 42 and other individual modern routines are not to be used.

Group 2. Traditional Bagua, Xingyi, Bajiquan

- Group 3. Traditional Nanquan Baimeiquan, Wuzuquan, Hongjiaquan, Huangjiaquan, Mojiaquan, Lijiaquan, Cailifoquan, Huheshuangxingquan, Liujiaquan, Heihuquan, Yumenquan etc.
- Group 4. **Yongchunquan (Wingchun)** and Hequan Yongchunquan (Wingchun): Yeshi, Chenshi, Pengshi, Hudie Shuangdao, Liudianbiangun, Wooden dummy routines, etc. (Wingchu Rules can be downloaded from the EWUF website www.ewuf.org). Wingchun athletes are eligible to take part in Qinda fighting.
- Group 5. Imitation styles: all imitation routines including Houquan, Yinzhuaquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan etc.
 - Group 6. Traditional Tongbei, fanzi, chuojiao, piqua
 - Group 7. Traditional Shaolinguan.
- Group 8. Wudang styles: Zhang Sanfeng Taijiquan, Songxi Neijiaquan, Baxianquan, Xuanwuquan, Wudang Baguaquan, Wudang Xingyiquan, Tayiwuxingquan etc.
- Group 9. Other traditional styles: chaquan, huaquan, baoquan, baimei (pakmei), liuhequan, gongliquan, yuejiaquan, etc. not belonging to previous categories.

Traditional Weapon Routines

- Group 1. Traditional Gunshu.
- Group 2. Traditional Short Weapon.
- Group 3. Traditional Long Weapon.
- Group 4. Traditional Double Weapon.

Group 5. Traditional Soft Weapon.

Group 6. Traditional Taiji Weapon.

7.3 SANDA-SEMI CONTACT (QINGDA), TUISHOU Events:

"Children B": full age 9 – 10;

"Children A": full age 11 - 12;

"Cadets": full age 13 - 14;

"Juniors B": full age 15 - 16

"Juniors A": full age 17

"Adults": full age 18 – 35

The age calculation is based on the age on the 1st January 2016.

Weight categories:

(a) Under 18's

Allows for under 48 kg each category being in increments of 3 kg.

After 48 kg the over 18's categories apply.

(b) Over 18's

under 48 kg (but not less than 45 kg)

under 52 kg 48 kg to 52 kg

under 56 kg 52 kg to 56 kg

under 60 kg 56 kg to 60 kg

under 65 kg 60 kg to 65 kg

under 70 kg 65 kg to 70 kg

under 75 kg 70 kg to 75 kg

under 80 kg 75 kg to 80 kg

under 85 kg 80 kg to 85 kg

under 90 kg 85 kg to 90 kg

over 90 kg

SANDA-SEMI CONTACT (QINGDA)

Competition will be held under EWUF QINGDA Rules

http://ewuf.org/assets/ewuf_rules_gingda_2012.pdf

Kicks to the head are strictly forbidden, as well as continuous punches to the head for all ages.

TUISHOU:

Competition will be held under EWUF TUISHOU Rules

http://ewuf.org/assets/taiji_tuishou_rules.pdf

Weight categories for Tuishou:

48kg; 52kg; 56kg; 60kg; 65kg; 70kg; 75kg; 80kg; 85kg; 90kg; 90kg+

Dress and Protective Gear

According to EWUF TUISHOU Rules, Article 8.

8. DRAWING-LOTS CEREMONY

The drawing-lots of International tournament "Moscow Wushu Stars" will be conducted by the EWUF Technical Committee at 17:00 (Moscow Time) on February 18th, 2015. Each team may send two sanda/tuishou representatives to attend the ceremony. The EWUF Technical Committee will draw on behalf of the teams that are unable to send a representative to attend.

9. WEIGHING-IN

The initial weighing-in for sanda/tuishou athletes will take place at 15:00 (Moscow Time) on February 18th, 2015.

10. Competition Methods

- 10.1 Maximum entries for each athlete are limited to 4 events in IWUF taolu competition program (1 barehanded routine, 1 short weapon, 1 long weapon, 1 duilian) and 4 individual events in traditional taolu program (1 barehanded routine, 2 weapon routines or 2 barehand routines, 1 weapon routine, 1 duilian).
- 10.2 If there are less than 6 (six) competitors in the group they are added to another group.
 - 10.3 In dual events different age categories, as well as men and women cannot be mixed.

Fighting events:

10.4. For fighting events each team may enter only one (1) athlete per weight category.

Each competitor should bring along with them a valid Health Certificate (including electroencephalogram, electrocardiogram, pulse and blood pressure) issued within 30 days prior to the star of the competition signed by a qualified doctor and a Life Accidental Injury Insurance Certificate. All competitors are required to submit a completed and signed waiver of liabilities form.

- 10.5 The competition will be Individual Competition.
- 10.6 The single knockout system will be adopted. If the number of competitors is three (3)or less, a single round robin method will be adopted.
- 10.7 Following arrival and registration, the athletes will go through the initial weighing in and drawing lots formalities as stipulated in the schedule.

11. COSTUMES & EQUIPMENT

- 11.1. Each competitor is required to possess two (2) sets of competition costumes: one (1) set in blue and one (1) set in red, gloves and other protective equipment according to the Rules
- 11.2 Each competitor is required to possess their own mouth guard, jockstrap, and instep guard.

12. PLACING & AWARDS

- 12.1. The top three place athletes within each weight category will be receive a placing and award for both men and women.
- 12.2. Third place athletes will be placed in juxtaposition.

13. Entries

- 13.1 Preliminary entries should be sent before 15th January 2015 to nika-wushu@ya.ru.
- 13.2 The Final Entry Forms (together with Application and Assessment Form for Degree of Difficulty of Optional Taolu and Application and Assessment Form for Compulsory Movements of Optional Taolu) must be sent to nika-wushu@ya.ru no later than *1st February* 2015.
 - 13.3 The original Final Entry Form must be brought to the registration;
- 13.4 Final Entry Forms must be submitted only according to the published application form (self-made application forms will not be accepted);
 - 13.5 All names and surnames must be typed in English.

14. Accommodation

3 Star Hotel (lodging + 3 meals/day + transportation):

Rooms for athletes (3 persons per room): 60 Euro per person per day.

Rooms for team leaders and coaches (single or double): 75 Euro per person per day.

Address of the hotel: 21/1, Kirovogradskaya str., Moscow.

Contact person: +7 908 27 68 133 (Iraida Grebvneva)

Nika-wushu@ya.ru

15. AWARDING

There shall be separate awarding for all events. All the certificates will have a mention as follows: "International Tournament "Wushu Stars 2016".

The awarding shall be done following the EWuF Rules unless stated otherwise.

In case there are more than 3 competitors, 3 medals are given. In case there are 3 competitors 1st and 2nd places are awarded. In case there are 2 competitors, only 1st pace is awarded.

16. Documents

All the competitors are required to hand in:

- National passport (original);

- Health certificates (including ECG). The Health Certificate is only valid if it has been issued within a period 30 days prior to the competition;
 - Valid insurance Certificate.

For Qingda, Tuishou athletes - health certificate showing electroencephalogram (EEG), electrocardiogram (ECG), blood pressure and heart rate in a medical check-up taken within 20 days before his registration should be submitted at the time of team registration;

- All names and surnames must be typed in English.

17. OTHER MATTER

Each team is required to bring the following:

- 1. The original Final Entry Form signed by the team leader.
- 2. Health certificates and Life Accidental Injury Insurance Certificates for all athletes
- 3. A USB flash drive with national Anthem
- 4. One national flag